

Test Administration Instructions



SAFETY EXCELLENCE INITIATIVE

How to Administer Tests to Trainees

In this document, you will find a 20-question multiple-choice test that corresponds with a particular MCAA Safety Training Video.

1. Ensure that you have the test that corresponds with the planned video training.
2. Make one copy of the test for each trainee.
3. Give one test to each trainee. Remind them to put their name on each page of their copy in case pages become separated.
4. Collect all test papers after they are completed.
5. Grade the tests using the answer keys provided in the "Answer Keys" document at www.mcaa.org/private/videos.
6. Return the graded test papers to each trainee. Make sure they understand the correct answers to all of the test questions they answered incorrectly.
7. Collect **ALL** of the test papers and place them in a secure file.
8. Keep the completed test papers with your documentation for this video to show proof of worker training.

Moving On Up: Using Aerial Lifts Safely Test



SAFETY EXCELLENCE INITIATIVE

Name: _____

Directions – Circle the letter corresponding to the best answer for each question.

1. Before operating any lift, you should check the manufacturer's operating instructions for the _____.
 - a. Rated Load Capacity.
 - b. maximum extension requirements.
 - c. both a and b.
 - d. neither a nor b.

2. Before operating a lift, you should _____.
 - a. get basic aerial lift training.
 - b. read the lift's Toolbox Safety Talk.
 - c. get training on each specific lift that you will use.
 - d. both a and c.

3. While inspecting your lift before each day's use, you should check _____.
 - a. fluid levels such as oil, fuel and coolant.
 - b. hoses, cylinders and tires.
 - c. general structural condition.
 - d. all of the above.

4. Your daily inspection should also include checking out the _____ to prevent falls from the lift.
 - a. Guardrail System including access way gate or chain
 - b. Personal Fall Arrest System
 - c. both a and b
 - d. none of the above

5. Before operating a hydraulic lift, check the _____.
 - a. hydraulic fluid level.
 - b. hydraulic fluid pressure.
 - c. hydraulic fluid hoses and connections.
 - d. all of the above.

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Name: _____

6. As part of your daily inspection, use the lift's _____ to test the mechanical function of the lift.
 - a. ground controls
 - b. basket operating controls
 - c. both a and b
 - d. neither a nor b
7. Always inspect the work areas where the lift will be operated to look for _____.
 - a. holes, non-level surfaces and drop offs.
 - b. overhead obstructions.
 - c. scrap materials and debris.
 - d. all of the above.
8. Always enter the lift from the _____.
 - a. lowered position.
 - b. raised position.
 - c. either lowered or raised position.
 - d. none of the above.
9. When moving the lift, it should always be in the _____.
 - a. completely lowered position.
 - b. slightly raised position.
 - c. slightly raised position only if doing so gives you better visibility.
 - d. both a and c.
10. Before raising the lift to work, always _____.
 - a. check the hydraulic pressure.
 - b. set the brakes.
 - c. remove your materials and tools to the middle of the lift.
 - d. conduct a brief walk-around.

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SAFETY EXCELLENCE INITIATIVE

Name: _____

11. Always follow _____ regarding the use of all restraint systems on each specific lift.
 - a. your more experienced coworkers' advice
 - b. the advice of the job site superintendent
 - c. manufacturer recommendations
 - d. all of the above
12. The use of personal fall restraint systems is recommended _____.
 - a. by the manufacturers of some scissors lifts.
 - b. by the manufacturers of all scissors lifts.
 - c. by the manufacturers of all types of lifts.
 - d. by OSHA for all types of lifts.
13. When using a personal fall restraint system, always wear a _____.
 - a. body belt with locking snap rings.
 - b. full body harness and lanyard.
 - c. full body harness and lanyard with locking snaphooks.
 - d. either a or c.
14. The lanyard selected for your personal fall arrest system should be _____.
 - a. equipped with a deceleration device.
 - b. short enough to prevent you from leaning out over or stepping up on the guardrails.
 - c. 6 feet long.
 - d. 4 feet long.
15. One end of your fall restraint lanyard should always be connected to _____.
 - a. the guardrail.
 - b. an anchorage point outside the lift, such as an overhead beam or pipe hanger.
 - c. the gate or chain on the lift.
 - d. the lift manufacturer's specifically designed and designated anchorage point.

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SAFETY EXCELLENCE INITIATIVE

Name: _____

16. When working on lifts that are not compatible with personal fall restraint systems, one of the biggest fall hazards occurs when _____
- a. a worker slips on the platform.
 - b. a worker steps up on the mid-rail or top-rail to extend his reach.
 - c. a worker removes the gate or chain while elevated.
 - d. a worker reaches out over the guardrail to get to the work.
17. To safely extend your reach from the platform you should _____
- a. place a stepladder on the platform.
 - b. lay a solid plank between the mid-rails of the platform.
 - c. use two five gallon buckets to stand on.
 - d. move the whole lift or raise the platform closer to the work.
18. To keep the lift properly balanced, you should _____
- a. keep the load moderate.
 - b. keep the weight of tools, materials and equipment evenly distributed on the platform.
 - c. never use the lift to raise heavy equipment or materials.
 - d. all of the above.
19. To keep from slipping or tripping on the platform, you should always _____
- a. drive the lift as slowly as possible.
 - b. observe good housekeeping techniques on the platform.
 - c. communicate with your partner before moving around on the lift.
 - d. b and c
20. Avoid _____ on any lift platform while it is extended.
- a. changing positions with a partner
 - b. reaching out over the guardrails
 - c. driving the lift long distances
 - d. both b and c